

## **EVERY GIFT OF EVERY SIZE MAKES A DIFFERENCE**

**DID YOU KNOW** ... your gifts to the Aspirus Health Foundation help invest in health programs and services that advance health for people in our region? And, 100% of your donation directly supports the cause.

**CHECK OUT** some of the many ways the Foundation supports programs at Aspirus and in the region:

### **A few examples of how gifts of every size make a difference:**

- \$25 funds a variety of items for the Comfort Cart for patients at Aspirus Wausau Hospital.
- \$25 provides a month of Lifeline service for an elderly resident, \$300 provides a full year.
- \$30 provides a post-mastectomy gift bag to support a woman dealing with breast cancer.
- \$50 supports one hour of music therapy for a hospice patient or family member.
- \$50 supports one day for a child to attend Rainbow's End Day Camp, \$250 supports one week.
- \$70 purchases an infant car bed for a baby born in our NICU.
- \$225 funds one night of room and board at our Hospice House.
- \$250 purchases an engraved brick for the respite garden at Hospice House or serenity border at Aspirus Wausau Hospital.

### **Greatest Needs & Community Health:**

- Community-based health, wellness, and safety activities and educational programs.
- Initiatives focused on improving nutrition and increased physical activity among children at high risk for obesity, especially among minority populations and children living in low-income communities.
- Adequate and appropriate nutrition assistance to our most vulnerable community members such as the elderly and children.
- Health projects that align with our mission, population health goals, or identified community health needs.
- Programs and scholarships to train our future health care workforce.

### **Adaptive Adventures Community Rehab Program:**

- Helping fund the Adaptive Adventures rehabilitative program to provide people who have a stroke or injury with adaptive equipment & help so they can participate in physical activities in our community (kayaking, curling, support groups).

### **Breast Health**

- Helping to provide breast cancer patients with early detection, education, post-mastectomy items, and a navigator program at Aspirus Women's Health.
- Supporting a Breast Milk Donation program where lactating mothers can donate extra milk to help feed premature babies.
- Funding the "Pink Hug" project to provide emotional support and a token "hug" to women diagnosed with breast cancer.
- Serving underinsured and underserved women by providing access to education, health screenings and interventions that prevent cardiovascular disease, breast cancer, colorectal cancer, and help every woman achieve optimal health during life's journey.

### **Cancer Care**

- Funding education and outreach materials and resources, as well as cancer screening programs and initiatives.
- Helping to provide support services and comfort items that enhance patients' experiences during the curative process.
- Providing cancer education and research and to advance excellent patient care and outcomes.

### **Child Health & Safety**

- Supporting programs, in collaboration with Safe Kids Wausau Area Coalition, to improve childhood safety initiatives such as: car seat, bicycle, home, pedestrian, water, and fire safety.
- Helping to educate families on a broad spectrum of health and safety topics and equip them with safety items including: bike, ski and multi-sport helmets, booster seats, Pack N Plays, life jackets, smoke alarms, carbon monoxide detectors, cabinet locks, security gates, outlet covers and other safety products.

### **Compassion Clothing Closet**

- Providing a clothing closet at Aspirus to help patients in need of clothing upon discharge from Aspirus and to provide them with dignity as they return home to heal and regain their health.

### **Diabetes**

- Helping fund diabetes prevention and community education.
- Providing support transportation for patients with financial need.

### **Heart Care**

- Supporting patient care initiatives for people living with chronic heart and vascular diseases such as heart failure, atrial fibrillation and angina.
- Providing for educational programs and services to empower future generations to avoid the long-term consequences of heart and vascular disease.

### **Hospice & Palliative Care**

- Supporting the operations of the region's premier hospice and palliative (comfort) care program.
- Operating the Aspirus Comfort Care and Hospice Services' Grief Center; all services are provided free or at a nominal charge to members of area communities.
- Helping fund complementary therapy programs, as well as the existing respite garden, to meet the physical, emotional and spiritual needs of residents, families and caregivers.
- Providing room and board fees for two community care rooms at Aspirus Hospice House for patients with identified need.

### **Lifeline**

- Helping seniors live independently by funding the Aspirus Lifeline Emergency Response System and equipment for people with identified financial need.

### **NICU & Birthing Center**

- Supporting the Anya Marie Jackson Neonatal Intensive Care Unit at Aspirus Wausau Hospital to offer world-class care for the Wausau area's most vulnerable patients.
- Funding infant car beds for babies whose airways are not fully developed when they are ready to go home.
- Providing support to families who have experienced a miscarriage or the death of a newborn.

### **Patient Assistance Fund**

- Helping some of our most vulnerable patients in the outpatient clinic setting. Assistance will be based on patients' immediate and individual health needs (medications, food, medical supplies or equipment, transportation, education, medical appointments, etc.) until we can safely and effectively connect them with community resources.

### **Rainbow's End Day Camp for Special Needs Children**

- Providing a week of fun & activity for campers with indoor and outdoor summer activities such as swimming, arts and crafts, horseback riding, and spending quality time with other children.
- Families have the opportunity to provide a summer camp experience for their child with special needs and abilities.
- Campers who have special needs have the opportunity to develop friendships that can last a lifetime with other campers & counselors.
- Teenage volunteers served as camp counselors and experience life from the perspective of someone who doesn't have the same abilities.

**Thank you to our donors and volunteers who make these important programs and services possible to advance health and care for people!**