

Vitals Screening Events (Non-Lab)

2024 *Aspire To Be Well* Program

Biometric screening collection includes height and weight for BMI, blood pressure, an optional waist circumference, and a fasting blood draw to collect full lipid (cholesterol) panel and glucose. You can complete your biometric screening by submitting your results from a primary care provider visit.

Or, if you need updated biometric values, schedule an [employee biometric lab appointment](#) via [MyAspirus](#) AND, if needed, attend one of the Vitals Screening events listed below to obtain your non-lab biometric readings. *No appointment necessary.* **Vitals Screening events listed in GREEN are also during times that lab has extra slots available – you may be able to schedule vitals and your lab appointments at the same time.**

Central Region

Aspirus Merrill Hospital

3/19/24 | 11:30am-3:30pm | Employee Health Office 3rd floor

Aspirus Wausau Hospital

Every Wednesday from 1/17/24 – 3/27/24 | 8am -2pm | Employee Health Suite 221

3/11/24 | 1pm-3pm | Employee Health Suite 221

3/15/24 | 1pm-3pm | Employee Health Suite 221

3/18/24 | 1pm-3pm | Employee Health Suite 221

3/19/24 | 7am-9am | Employee Health Suite 221

3/21/24 | 1pm-3pm | Employee Health Suite 221

3/22/24 | 7am-9am | Employee Health Suite 221

3/25/24 | 1pm-3pm | Employee Health Suite 221

3/26/24 | 7am – 9:30am | AWH Birthing Center Classroom

3/28/24 | 1pm-3pm | Employee Health Suite 221

3/29/24 | 10am-2pm | Employee Health Suite 221

North WI Region

Aspirus Langlade Hospital

03/15/2024 | 8-9:30 am | Occ Health Conf Room

03/19/2024 | 12:00pm-2:00pm | Occ Health Conf Room

03/22/2024 | 8:00am-10:30am | Occ Health Conf Room

Aspirus Medford Hospital

3/15/24 | 7am-10am | AMH Lab

3/20/24 | 7am-10am | AMH Lab

3/29/24 | 7am-10am | AMH Lab

Aspirus Rhinelander Clinic

3/20/24 | 1:00-3:00pm | Admin Conf Room

Aspirus Rhinelander Hospital

3/12/24 | 7:30-8:30 am and 1:00-3:00 pm | Employee Health Office (LL)

3/14/24 | 7:30-8:30 am and 1:00-3:00 pm | Employee Health Office (LL)

3/26/24 | 7:30-8:30 am and 1:00-3:00 pm | Employee Health Office (LL)

3/28/24 | 7:30-8:30 am and 1:00-3:00 pm | Employee Health Office (LL)

Aspirus Eagle River Hospital

3/13/24 | 7:30-8:30 am and 1:00-3:00 pm | Lobby Conference Room

3/27/24 | 7:30-8:30 am and 1:00-3:00 pm | Lobby Conference Room

Aspirus Tomahawk Hospital

3/18/24 | 8:00am-10:00am | Open Office at ATH

3/28/24 | 7:30am – 12:30pm | Spruce CR

Aspirus Stanley Hospital

3/21/24 | 8am – 11am | Lab

Howard Young Medical Center

3/08/24 | 7:30-8:30 am and 1:00-3:00 pm | EH Room 420 (4th Floor)

UP Region

Aspirus Iron River Hospital

3/12/24 | 8:30 am – 11:30 am | Conf Room 2

3/19/24 | 8:30 am – 11:30 am | Conf Room 2

3/19/24 | 12:30 pm – 2pm | Conf Room 2

Aspirus Ironwood Hospital

3/08/24 | 8:30am-11:30am | Conference Room A

3/15/24 | 10am-1:00pm | Conference Room A

3/21/24 | 12:30pm-3pm | 1st Floor Clinic Education Room

3/22/24 | 10:00am-1:00pm | 1st Floor Clinic Education

Room

Aspirus Keweenaw Hospital

3/12/24 | 8am-10am | Conference Room 1 & 2

3/18/24 | 1pm-4pm | Conference Room 1 & 2

3/19/24 | 8am-10:30am | Conference Room 1 & 2

3/21/24 | 1pm-4pm | Houghton Clinic

3/25/24 | 1:30pm-4pm | Conference Room 1 & 2

3/26/24 | 7:30am-9:30am | Conference Room 1 & 2

Aspirus Ontonagon Hospital

3/14/24 | Noon – 2pm | Open Office (TBD)

3/28/24 | 10am-Noon | Open Office (TBD)

South WI Region

Aspirus Plover Hospital

3/20/24 | 8am -10am | 2nd Floor OB

Aspirus Stevens Point Hospital

3/22/24 | 7am-9am | Main Hospital Entrance Room 109

3/27/24 | 7am-9am | Main Hospital Entrance Room 109

Aspirus Riverview Hospital

3/11/24 | 7am-9am | EH Office

3/18/24 | 7am-9am | EH Office

ARH Family Clinic

3/14/24 | 7:30 am – 10am | Family Clinic Lab

3/21/24 | 7:30am – 10am | Family Clinic Lab

Aspirus Divine Savior Hospital

3/11/24 | 3pm-4:30pm | LaVita Staff Office 2nd Floor

3/25/24 | 7:30am-9am | EH Office, Wellness Ctr Suite 2 with labs. No need to schedule lab in MyAspirus on this date.