

LA VITA

Fitness Center

FALL 2024

GROUP SWIM LESSONS



Session Dates: Sept. 30th-Nov. 6th

Registration Open: September 23rd-26th

SESSION FEE

La Vita Member: \$32

Community Member: \$50

**Session includes 6 - 30 minute lessons*

**Child's parent must be a member
to receive the member rate.*

MONDAYS

Instructor: Mike

LEVEL 1: 4:00pm to 4:30pm

LEVEL 2: 4:45pm to 5:15pm

Adult / Child: 5:30pm to 6:00pm

WEDNESDAYS

Instructor: Amy

RED Class: 4:30pm - 5:00pm

WHITE Class: 5:15pm to 5:45pm

BLUE Class: 6:00pm to 6:30pm

****A minimum of 4 students are
needed to run a class.*

Sign up for lessons at Member Services. M-F: 7:00am - 6:00pm
(608) 745-3800 | LaVita@Aspirus.org | Aspirus.org/LaVita

 **ASPIRUS**
HEALTH