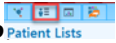## Guided Practice: CNA Navigators

Exercise

To complete Guided Practice outside of class:

- Refer to tip sheet Log into the Epic Playground Environment.
- Refer to your **tent card for the User ID and use logins** for your password.
- Refer to your tent card for your patient **Tucker.**

> Navigator Reminder:
>
> **Change the time in the navigator to reflect the correct time the assessment was completed.**

1. Use the **User ID and password: logins** from your CNA Tent card when logging into the Playground.
2. What's New? Click **Remind me later.**
3. Click the **Patient List tab** Patient Lists Tab next to the Brain tab. (Under the Epic, left top of your screen).
4. Make it your favorite by clicking on the **white star**. ☆ On the right side of the Epic screen, under EpicCare. This will make it your favorite and will be the first activity when you log into Epic.
5. Search for your **Tucker patient** using the Search box (Search Current location).
6. **Double click on Tucker** to go into his chart.
7. Click **Navigator** from your Activities.
8. Within the **Navigator**, Click **Armband Applied.**
9. Click on these buttons:
   1. **Show Row Info**
   2. **Show Last Filed Value**
   3. **Show All Choices**
10. Within the navigator**, Arm Band Applied section.**
    1. Click **ID** & **Allergies**
11. Click **Next.** To go into **Vital Signs.**
    1. Change the time taken to 20 minutes ago**.** Type **n-20**
    2. Enter a set of **vitals** on your patient.
    3. Click **Next** or **F8** on your keyboard to move to the next section.
12. **Cares/Safety**
    1. **Precautions:** Document these on your own.   **OVER→**

2. **Safe Environment**: Document that your patient is WDL (**within defined limits)** in the Safe Environment field. FYI: **X** means exception, if the patient would not be **within defined limits** according to the row description, you would click on the X and chart to the exception(s).

     i. The patient does not have footwear on, you will need to chart to that exception.

          1. Click on the **X**. The rows cascade.

          2. Scroll down to the **Non-Skid Footwear**: Click **Off** and **Patient in Bed**.

13. **Mobility**: Document the following:

    1. Activity: **Ambulated in hall**

    2. Distance Ambulated: **50 ft.**

    3. Ambulation Response: **Tolerated Well**

    4. Repositioned: **Turns self**

14. **Hygiene**:

    1. Hygiene: Click **Shower**, **Shaved.**

    2. Level of Assistance: **Independent.**

15. **Comfort and Environment Interventions**:

    1. Comfort: Click **Gown Changed**

    2. **Additional Comfort/Environmental Interventions**: Click **warm blanket.**

    3. Click **Next or F8.**

16. **I&O:**

    1. You emptied the patient's urinal. Document the following:

        i. Urine: **300 mL**

        ii. Urine Color: **Yellow/Straw**

        iii. Urine Appearance: **Cloudy**

17. **Diabetic Record:**

    1. For facilities that do not have point of care glucose monitors (monitors that automatically place the information into Epic) or during a downtime you will document blood glucose here.

        i. Blood Glucose Value-Manual: **158**

    2. Like most flowsheet documentation, the nutrition section is viewed by several other disciplines such as Pharmacy and Clinical Nutrition. Any nutrition information entered in the Cares/Safety section would also appear in this section.

18. Click on **Belongings:**

    1. Belongings at Bedside:

        i. Click **Vision, Jewelry, Clothing, Electronic Device**.

            1. Vision – Click **Glasses**

            2. Jewelry – Click **Ring**

               a. Click on the **note pad** and type in the **description of a ring**:

                   i. **Type Round pea size clear stone on a silver colored band**.

        3. Clothing – **Pants, Shirt, Footwear, Socks, Underpants.**

        4. Electronic Device – **Cell phone**

           a. Type in note **iPhone**

2. Belongings sent home:

    i. Click **Other Valuables**

      1. Click **Purse**

3. All Belongings Accounted For:

    i. Click **On Admission.**

This completes your **CNA Navigator** Guided Practice Session. This is not all inclusive of a typical workflow; it only highlights specific portions of the Navigator**.**