

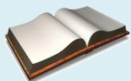


## Guided Practice: OB Tech/CNA Navigator (Baby)

### Exercise

Complete Guided Practice outside of class:

- Use this information to log in to the Epic PLY environment.
- Refer to your Tent Card for the User ID and Password for Inpatient Nurse.
- Refer to your Tent Card for your Guided Practice patient names.




**Scenario:** A 38.4 week baby girl was born. The nurse has asked you to help her with the Newborn Vitals and assist the Mother with bathing the baby. You will work from the Newborn Navigator.

- 1) From your tent card, search for **your patient** on the **patient list**.
- 2) In the **search window**, enter in the **first three letters of her last name, (comma) first three letters of her first name**. Click **enter**.
- 3) Double-click on your patient's name to **open chart**.
- 4) Click on the **Navigators** button, this will take you right into the **Navigator** to document **Newborn Documentation**.



### Newborn Documentation

**NOTE:** Once in the CNA Navigator, follow the links in the Navigator from top to bottom to complete your shift workflow


Whenever you see this symbol  in a row it means it will cascade. Some rows will automatically cascade while to open others you will click on the symbol. For purpose of the Guide Practice, you have completed this step.

**Reminder:** Use the Row Information, Last filed, Details and All choice buttons when needed. Click on the last **filed button** now.

- 1) Vitals Signs
  - a. Temp: 98.8

- b. Temp Source: **Axillary**
- c. Pulse: **120**
- d. Heart Rate Source: **Monitor**
- e. Resp: **40**
- f. Scroll down to the **Height and Weight**
  - i. **IS the filed button on? You will see the baby birth weight. Since this baby was recently born and recovered, there is no need to document additional weights.**
  - ii. For babies born in an Aspirus hospital, who have a Delivery Summary the measurements (height, weight, etc) recorded in the Delivery Summary will automatically flow to the Inborn Birth Weight field. Record daily weights in the "Weight" field to auto calculate the Percent Weight change.
- g. Click **Next**

## 2) Cares/Safety

**NOTE:** See the arrows  at the end of each row of buttons? By either hovering over the first row of buttons or clicking on the arrows, you will see the remaining hidden buttons. Or by clicking on the All Choice button, all the buttons will show. Try it out now.

- a. Sensor and Band
  - i. **Fill in this area on your own.**
- b. Thermoregulation
  - i. Thermoregulation
    - 1. Open crib**
- c. Phototherapy: **Review this area**
- d. Discharge Screenings: Note that this area is where you will document the **Newborn Screen, Hearing Screen, and Discharge Weight.**
- e. Newborn Bath:
  - i. **First bath Performed**
  - ii. **Bath given by: Mother & Father**
- f. Circumcision Care: Will only show up for a boy. Since Iris is a girl you will not see this area.
- g. Comfort Interventions:
  - i. **Comfort: Bundled, Diaper Changed, Held/Cuddled, enter a note: by Mother.**
- h. Mobility
  - i. Response to Care: **Tolerated Well**
  - ii. Repositioned: **Right side up**

- iii. Click **Next**
- 3) I&O
  - b. Feeding Type:
    - i. **Breast Milk**
  - c. Feeding Route:
    - i. **Breast**
  - d. Unmeasured Output:
    - i. Unmeasured Urine: **1**
    - ii. Unmeasured Stool Occurrence: **1**
  - e. Urine Assessment:
    - i. Urine Color: **Yellow/straw**
    - ii. Urine Appearance: **Clear**
    - iii. Urine Odor: **No odor**
  - f. Stool Output/Assessment:
    - i. Stool Amount: **Medium**
    - ii. Stool Appearance: **Soft**
    - iii. Stool Color: **Meconium**
    - iv. Click on **Belongings**
- 2) Belongings: **Fill this area in yourself. Add any notes by clicking on the note icon.**
  - a. Patient Belongings at Bedside:
  - b. Patient Belongings Sent Home:
  - c. Patient Belongings Sent to Safe:
  - d. Patient Medications:
  - e. Medications sent home:
  - f. All Belongings accounted for:
  - g. Click **Next**

**NOTE: When the sections in the navigator are closed you will see. [Flowsheets](#) . This is a hyperlink that will take you to Flowsheets.**

This completes your **CNA-OB Tech Baby Navigator** Guided Practice Session. This is not all inclusive of a typical workflow it only highlights specific portions of the Navigator.