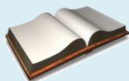## **Guided Practice: OB Tech/CNA Navigator (Mother)**
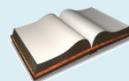
Exercise

Complete Guided Practice outside of class:

- **Use this information to log in to the Epic PLY environment.**
- **Refer to your Tent Card for the User ID and Password for Inpatient Nurse.**
- **Refer to your Tent Card for your Guided Practice patient names.**

> **Scenario: The patient is a 27 year old female who has been admitted to the Birthing Center. She has delivered a Newborn Baby Girl. You are asked by the Nurse to take vitals.**

1) From your tent card, search for **your patient** on the **patient list**.
2) In the **search window**, enter in the **first three letters of her last name, (comma) first three letters of her first name**. Click **enter**.
3) Double-click on your patient's name to **open chart**.
4) Click on the **Navigator** button, this will take you right into the **Navigator** to complete your **Maternal Documentation**.

> **Maternal Documentation**

NOTE: Once in the CNA Navigator, follow the links in the Navigator from top to bottom to complete your shift documentation.

1) Armband Applied
    a. Skip this area if this has already been filled in by the Nurse.
    b. If you do apply the Arm band, click **ID**.

NOTE: Whenever you see this symbol in a row it means it will cascade. Some rows will automatically cascade while others you will click on the symbol. For the purpose of this Guide Practice, you have completed this step.
    c. Click **Next**.

2) Vitals Signs
   a. Temp: **101.2**
   b. Click on **Note icon**, Type in **Nurse Informed**.
   c. Temp Source: **Oral**
   d. Pulse: **86**
   e. Heart Rate Source: **Monitor**
   f. Resp: **24**
   g. BP: **110/84**
   h. BP Location: **Right upper arm**
   i. BP Method: **Automatic**
   j. Click **Next**

3) Cares/Safety

NOTE: See the arrows ⥥ at the end of each row of buttons? By either hovering over the first row of buttons or clicking on the arrows, you will see the remaining hidden buttons. Or by clicking on the All Choice button, all the buttons will show. Try it out now.

   a. Comfort and Hygiene
      i. Hygiene: **Shower**
      ii. Level of Assistance: I**ndependent**
      iii. Comfort: **Bed Pad changed, Gown Changed, Rocking, Other: Mom holding baby.**
   b. Activity and Safety **(fill in this area yourself)**
      i. Activity:
      ii. Activity Assistance:
      iii. Repositioned:
      iv. Distance Ambulated:
      v. Time Ambulated:
      vi. Ambulation Response:
      vii. Safety:
      viii. Click **Next**

4) I&O
   a. Height/Weight: This should flow in from the Mother's admission or the most current weight.
   b. Intake
      i. Percent Meals Eaten (%): **75**
   c. Urine Output/Assessment
      i. Urine: **500**
      ii. Urine Color: **Pink**

iii. Urine Appearance: **Clear**

iv. Urine Odor: **No odor**

d. Stool Output/Assessment

i. Unmeasured Stool Occurrence: **1**

ii. Stool Amount: **Medium**

iii. Stool Appearance: **Soft**

iv. Stool Color: **Brown**

v. Click **Next**

2) Belongings: **Fill this area in yourself. Remember to describe the patient jewelry. Add any notes by clicking on the note icon.**

a. Patient Belongings at Bedside:

b. Patient Belongings Sent Home:

c. Patient Belongings sent to Safe:

d. Patient Medications:

e. Medications sent home:

f. All Belongings accounted for:

g. Click **Next**

NOTE: When the sections in the navigator are closed you will see: ⬑ Flowsheets **. This is a hyperlink that will take you to Flowsheets.**

This completes your **CNA-OB Tech Navigator** Guided Practice Session. This is not all inclusive of a typical workflow it only highlights specific portions of the Navigator**.**