

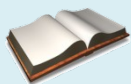


Guided Practice: OB Inpatient Nurse – Postpartum Navigator

Exercise

Complete Guided Practice outside of class:

- Use this information to log in to the **Epic PLY environment**.
- Refer to your **Tent Card for the User ID and Password for Inpatient OB Nurse**.
- Refer to your **Tent Card for your Guided Practice Poppy patient**.



**Scenario: Mother has now been delivered and recovered.
You are taking over her care.**

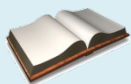
- 1) Locate your patient on the **L&D Grease Board**.
- 2) Double-click on your patient's name to open chart.
- 3) Click on the **Navigators** button.
- 4) Go to the **Postpartum Tab** to open the **Postpartum Navigator**.



Interventions

Follow the Navigator from top to bottom to complete the Postpartum workflow needed for recovery and then each shift.

- 1) BestPractice
 - a. Address any **BPA's**.
- 2) MAR Report
 - a. Click on the **Due Medications link** to take you to the MAR.
 - b. Click the **back** arrow to take you back to the navigator.
- 3) Med Rec Status
 - a. Review **Medication** from this report.
- 4) Critical Results
 - a. When you received any Critical result(s), you are required to document them here.



Signed and Held Orders

- 1) Signed/Held Orders
 - a. If there are any Signed and Held orders, review them here.
- 2) Release Orders
 - a. Release any **signed and held** orders that pertain to your patient's phase of care.



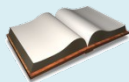
Assessments

Note: When you get down to the end of a section either click **Next** or click on the **Title** of the next section, this will take you through the navigator. Watch for cascading rows.

Make sure to click Row Info, Last Filed, and All Choices buttons.

Document in this area on your own.

- 1) Recovery – **Contains assessment information for a recovery. Document Recovery here.**
- 2) Vital Signs – **For documenting Vital Signs when Recovery period is complete (shift)**
- 3) Physical Assessment- Contains all your head to toe documentation.
 - a. You will chart by exception.
 - b. Fill out this assessment with relevant patient data.
 - c. Tattoos/Piercings only need to be address when patient is scheduled for surgery.
- 4) Postpartum Assessment- Specific OB assessments are found in this section.
- 5) Skin – All patients need to have a Braden Scale documented every 8 hours or with a change in condition.
- 6) Falls – All patients need to have a fall risk documented every 8 hours or with a change in condition.
- 7) Parenting Skills
- 8) I/O – document as needed
- 9) OB Provider Notification – document when you notify the OB Provider.
- 10) Interpreter Needed – document as needed.



Nursing Tasks

- 1) Care Plan
 - a. Placed in the navigator workflow to encourage timely documentation.
 - b. Click on **Care Plan**. or use the blue hyperlink **"Go to Care Plan"**.
 - c. Review and update the Care Plan as necessary.
 - d. Click the **back arrow** to return to the navigator when you are finished.

2) Education

- a. Click on **Education** or use the blue hyperlink “**Go to Education**”.
- b. Review and/or update the **Education**.
- c. Click the **back arrow** to return to the navigator when you are finished.

3) Notes

- a. Enter and sign a Postpartum **DAR** Note.

This completes your **Postpartum Navigator** Guided Practice Session. This is not all inclusive of a typical workflow it only highlights specific portions of the Navigator.